

B.A. EDUCATION Semester- II
Guidance and Counselling
(Paper code-BAED-N-121) Credit-4

BLOCK 1 Guidance- meaning, scope, and bases

Unit1- meaning, scope, and importance of guidance

Unit2-Philosophical, psychological, and sociological bases of guidance.

BLOCK 2 Guidance Services

Unit 3- History of Guidance Services in India

Unit 4- Guidance Services providers- Important governmental and non-governmental organizations.

BLOCK 3 Types of Guidance

Unit5- Educational guidance- meaning and importance, Objectives

Unit 6- Vocational guidance-meaning and importance, objectives.

Unit 7- Collection of data for educational and vocational guidance-abilities, aptitude, and interest.

BLOCK 4 Counselling- The Process and Importance

Unit 8- Meaning, process, and importance of counselling, types of counselling.

Unit 9- Qualities of a good counsellor and his/her role and responsibilities.

Unit10- Collection of essential data for effective counselling.

BLOCK 5 Mental Health and Adjustment

Unit11- Concept and meaning of mental health and mental hygiene.

Unit 12- Problem of maladjustment-causes and symptoms of maladjustment.

Unit13- Adjustment mechanism and its characteristics, Problem of Frustration conflicts and their resolution

BLOCK 6 Special Children Guidance and Tool Techniques

Unit- 14 Problems and Needs, Role of Teacher in helping Children with special needs, Guidance of the Gifted and Creative Learners.

Unit-15 Group Counselling and Individual Counselling, Counselling for Adjustment, Characteristics of Good Counselling.

Unit-16 Tools and Techniques of Guidance, Use of Test in Guidance and Counselling.