

MAED Part II

Guidance and Counselling (MAED-201)

Objectives:

- To familiarize the students with the concept, scope and significance of guidance and counselling.
- To acquaint the students with the types, agencies and qualities of good guidance and counselling personnel.
- To provide information's with regard to tests and tools used in guidance and counselling services.
- To help the students to understand the concept, principles and importance of mental health and mental hygiene.
- To enable the students to comprehend the concept of adjustment.

BLOCK 1 Guidance and its Concept

Unit 1- Guidance: Concept, Principles, assumptions, issues and problems, need, scope and significance of guidance

Unit 2- Types of Guidance-Educational, Vocational and Personal, Group Guidance

Role of Teacher in guidance,

Unit 3-Guidance and Curriculum: Guidance and Classroom Learning

Unit 4- Agencies of guidance- National level, State level

BLOCK 2 Guidance of Children with Special Needs

Unit 5- Problems and Needs, Role of teacher in helping children with special needs
Guidance of the gifted and creative,

Unit 6- Group Guidance: Concept, principles, procedure and techniques of group guidance

BLOCK 3 Counselling and Its Concept

Unit 7-Counselling Process: Concept, Principles of counselling, counselling approaches-
Directive, Non-directive and Eclectic

Unit 8-Group Counselling vs Individual Counselling, Counselling for Adjustment,
Characteristics of good counselling

Unit 9-Information Orientation services, placement service and follow up service at different levels of education, evaluation of guidance Programme

Unit10- Qualities of a good counsellor, role and responsibilities.

BLOCK 4 Testing in Guidance Service

Unit 11- Tools and Techniques of guidance, Use of tests in guidance and counseling,

Unit 12 -Tests of Intelligence -SPM, Bhatia Battery Test of Intelligence, Aptitude- DAT, Creativity- Baquer Mehndi Test of Creativity (Based on Guilford's Model), Interest- VIB and Personality EPQ, 16 PF- administering, scoring and interpretation of tests scores.

Unit 13- Organization of a Guidance Programme - Organizing Guidance services at different levels of education

BLOCK 5 Human Adjustments and Mental Health

Unit 14- Psychological foundations of Adjustment, Role of motivation and perception in adjustment

Unit 15- Concept and meaning of mental health and mental hygiene. Principles of Mental Hygiene and their implication for effective adjustment, mental health and development of integrated personality

Unit16- Adjustment mechanism and its characteristics, Frustration, conflicts and their resolution

Unit17 - Problem of maladjustment-causes and symptoms of maladjustment.

Suggested Readings

1. शैक्षिक तथा व्यावसायिक निर्देशन के आधार: के.पी. पान्डे
2. शैक्षिक तथा व्यावसायिक निर्देशन तथा परामर्श: आर. ए. शर्मा
3. शैक्षिक तथा व्यावसायिक निर्देशन एव परामर्श: S.C. Oberoi
4. आधुनिक मनोवैज्ञानिक परीक्षण एव मापन: महेश भार्गव
5. Educational Vocational Guidance and Counselling: J.C. Agarwal
6. Counselling and Guidance: S. Narayana Rao
7. Guidance and Counselling: A.K. Nayak
8. शिक्षा में निर्देशन एवं परामर्श: Sitaram Jaiswal